

**Table S1** Characteristics of the study group [own study].

Variable	BMI 18.5-24.99 kg/m <sup>2</sup>	BMI ≥30 kg/m <sup>2</sup>	Total
	100 (50%)	100 (50%)	200 (100%)
<b>Age in years</b>			
18-29	57 (57%)	46 (46%)	103 (51.5%)
30-39	25 (25%)	31 (31%)	56 (28%)
40-49	11 (11%)	15 (15%)	26 (13%)
50-59	7 (7%)	8 (8%)	15 (7.5%)
<b>Education</b>			
Basic	1 (1%)	1 (1%)	2 (1%)
Professional	3 (3%)	10 (10%)	13 (6.5%)
Medium	38 (38%)	40 (40%)	78 (39%)
Higher	58 (58%)	49 (49%)	107 (53.5%)
<b>Professional situation (multiple choice question)</b>			
Pupil/student	25 (25%)	9 (9%)	34 (17%)
Active person	84 (84%)	89 (89%)	173 (86.5%)
Non-working person	4 (4%)	6 (6%)	10 (5%)
Pensioner	2 (2%)	3 (3%)	5 (2.5%)
Retired	0 (0%)	0 (0%)	0 (0%)
<b>Marital status</b>			
Miss	14 (14%)	12 (12%)	26 (13%)
In an informal relationship	36 (36%)	28 (28%)	64 (32%)
In a marriage relationship	45 (45%)	53 (53%)	98 (49%)
Divorcee	4 (4%)	5 (5%)	9 (4.5%)
Widow	1 (1%)	2 (2%)	3 (1.5%)
<b>Place of residence</b>			
Village	18 (18%)	28 (28%)	46 (23%)
City <50,000 inhabitants	15 (15%)	11 (11%)	26 (13%)
City of 50-100 thousand inhabitants	15 (15%)	20 (20%)	35 (17.5%)
City >100,000 inhabitants	52 (52%)	41 (41%)	93 (46.5%)
<b>Number of pregnancies</b>			
0	54 (54%)	38 (38%)	92 (46%)
1	21 (21%)	21 (21%)	42 (21%)
2	12 (12%)	28 (28%)	40 (20%)
3	11 (11%)	8 (8%)	19 (9.5%)
4	2 (2%)	5 (5%)	7 (3.5%)
<b>Number of births</b>			
0	56 (56%)	40 (40%)	96 (48%)
1	24 (24%)	22 (22%)	46 (23%)
2	16 (16%)	30 (30%)	46 (23%)
3	4 (4%)	5 (5%)	9 (4.5%)
4	0 (0%)	3 (3%)	3 (1.5%)
<b>Diseases found (quantity)</b>			
No	73 (73%)	54 (54%)	127 (63.5%)
1	21 (21%)	35 (35%)	56 (28%)
2	5 (5%)	6 (6%)	11 (5.5%)
3	1 (1%)	2 (2%)	3 (1.5%)
Above 3	0 (0%)	3 (3%)	3 (1.5%)
<b>Diseases found (types)</b>			
No	73 (73%)	54 (54%)	127 (63.5%)
Hypertension	0 (0%)	18 (18%)	18 (9%)
Depression	2 (2%)	4 (4%)	6 (3%)
Reflux	2 (2%)	1 (1%)	3 (1.5%)
PCOS	3 (3%)	4 (4%)	7 (3.5%)
Insulin resistance	2 (2%)	4 (4%)	6 (3%)
Hypothyroidism	6 (6%)	12 (12%)	18 (9%)

Hashimoto's	3 (3%)	4 (4%)	7 (3.5%)
Asthma	1 (1%)	4 (4%)	5 (2.5%)
Chronic venous insufficiency	2 (2%)	0 (0%)	2 (1%)
Allergy	1 (1%)	0 (0%)	1 (0.5%)
Celiac disease	2 (2%)	0 (0%)	2 (1%)
Epilepsy	0 (0%)	1 (1%)	1 (0.5%)
Congenital thrombophilia	1 (1%)	0 (0%)	1 (0.5%)
Childhood cerebral palsy	2 (2%)	0 (0%)	2 (1%)
Anxiety states	1 (1%)	0 (0%)	1 (0.5)
Duodenal ulcers	1 (1%)	0 (0%)	1 (0.5%)
Heart defect	0 (0%)	2 (2%)	2 (1%)
Irritable bowel syndrome	1 (1%)	0 (0%)	1 (0.5%)
Diabetes	2 (2%)	2 (2%)	4 (2%)
Guz	0 (0%)	1 (1%)	1 (0.5%)
Vitiligo	0 (0%)	1 (1%)	1 (0.5%)
Psoriasis	1 (1%)	1 (1%)	2 (1%)
Breast cancer	1 (1%)	1 (1%)	2 (1%)
Discopathy	0 (0%)	1 (1%)	1 (0.5%)
Anxiety neurosis	0 (0%)	1 (1%)	1 (0.5%)
Thrombocytopenia	0 (0%)	1 (1%)	1 (0.5%)
Sarcoidosis	0 (0%)	1 (1%)	1 (0.5%)
Lupus	0 (0%)	1 (1%)	1 (0.5%)